

WHITSBURY VILLAGE NEWSLETTER

April 2020



WHITSBURY HELPERS

The Whitsbury Helpers have been formed to help those who are vulnerable or self isolating. The group has already managed to help a number of individuals.

So if you need a prescription pickup, grocery collection or just need a chat and are vulnerable or self isolating please contact one of the Whitsbury Helpers and we will see how we can help or e-mail admin@whitsbury.com

See list of helpers on page 3



INTRODUCTION

Welcome to the 1st Whitsbury village newsletter created for the village on behalf of the Whitsbury Parish Council by the Whitsbury Helpers group of volunteers.

We wanted to make sure that in these uncertain times around coronavirus we support each other from a community perspective. There are many forms of technology available but we also wanted something that was simple and didn't need complicated methods to retrieve data and a good old fashioned newsletter seemed to be an appropriate means. In this newsletter you will find resources and information that you may find useful and also to make sure everyone is aware of the community network and help that is available to all in our village.

It is also very important we follow the government advice regarding social isolation and staying at home. For some this may be more restrictive than others and may prevent you from being able to support yourself with shopping and medication. The Whitsbury Helpers can assist there with shopping or arranging for medication to be picked up and delivered to you.

Groups within the Village

Are you in a group within the village? At times like these it is good to be part of a community group which may be neighbours keeping an eye on each other, a Whatsapp group or part of a workgroup. If you are not part of a local cluster group please call one of the Whitsbury helpers and we will make sure you can get added to a cluster group, or whatsapp group etc whichever is your preference.

“As social distancing rules mean we can no longer meet our friends and families as normal it is important that people do not become socially isolated”

IF YOU NEED HELP PLEASE PHONE A WHITSBURY HELPER

VILLAGE AMENITIES AND SUPPORT

Cartwheel Inn

The Cartwheel Inn is open for takeaway food on Friday, Saturday (5pm to 9pm) and Sunday (12 to 3pm). Please call ahead and leave an order with Paul or Annette on 518362. Menus are available via their website, www.cartwheelinnwhitsbury.com or give them a call.

Prescription or Grocery Pick Up

If you need a prescription pickup, grocery collection or just need a chat and are vulnerable or self isolating please contact one of the Whitsbury Helpers and we will see how we can help or e-mail admin@whitsbury.com

Local Delivery Shops and Business

The following shops and businesses will deliver to Whitsbury

The Gourmet Grocer in Fordingbridge are happy to deliver to Whitsbury. They provide all dairy, fruit, vegetables, soups, ham and meats as well as jams and chutneys. Contact details are: Gourmet Grocer 01425 658007 thegourmetgrocer@outlook.com. It seems the gourmet grocer will be delivering to Whitsbury on a Tuesday. Note: this service is only available for those who are vulnerable or self-isolating.

Price Farm Foods Delivery will also deliver to Whitsbury for meat products such as Beef, Pork, Chicken, Lamb, Gammon and curry sauces etc To order phone 01425 652228. Order before 2pm for next day non-contact delivery. Minimum order of £15.00 and payment over the phone.

Whitsbury Food Share

A Whitsbury food share box is located next to the telephone box, opposite the Cartwheel, the idea is that if you have surplus vegetables, fruit or other items you can deposit items and then send a message through the Whitsbury Food Share Whatsapp group for others to take advantage of. This was originally set up as part of an environmental initiative to prevent wastage but of course can become more relevant in the current circumstances. In order to get benefit from this group please send your mobile phone number to Andy Foreman on 07725 909662 and we will include you on the list so you can post and receive messages.

Doctors and Pharmacies

Fordingbridge Surgery is operating on a 5 day prescription waiting time see the following site for more details: <https://www.fordingbridgegps.co.uk/dispensary>

For those self-isolating we can arrange for medication to be delivered to the village.

Fordingbridge surgery are trialing a new system for community groups collecting medication on behalf of patients who are unable to attend the surgery themselves. In Whitsbury we would like to offer a consolidated service for all members who wish to use it for medication collection from Fordingbridge surgery. This would mean less journeys to and from Fordingbridge for individuals and therefore less risk for both us and the surgery staff.

The process will work as follows:

- You will need to order your medicine as normal by initial or repeat prescription
- The Whitsbury Helpers group will be able to collect from the dispensary for you with advance notice via an e-mail
- The Whitsbury Helpers will co-ordinate the e-mail into the pharmacy, we will need to send the list of people needing medication, with the full name, date of birth, and any other patient identifiers.
- We will need to provide 2 working days notice for each pick up
- We will collect from the Pharmacy at 12 noon on a Monday, Wednesday and Friday and deliver it to your door.

This will be available for anyone in the village who is vulnerable, self-isolating or otherwise unable to get to Fordingbridge.



If you would like to be part of this scheme please contact one of the Whitsbury Helpers or send an e-mail to admin@whitsbury.com. If you already have someone collecting for you the pharmacy may point you towards this new process which we are ready to support.

Utilities

Please note NFDC green garden waste bag collection has now been suspended.

NFDC are also requesting that no items are taken to recycling banks as the banks are not being emptied. Currently glass collections are still taking place.

Post is now only being collected once a day from the village post box (am pickup).

Points of contact and Help

Whitsbury Helpers

Juliette Knibbs 518838
Andy Foreman 518064
Steve Husher 518372
Charlotte Thompson 518518
Geoff Dominey 518087
Arabella Tregoning 518274
Gemma Hearsom 518270

Parish Council

Graham Thompson 518518
David Bellini 518885
Chris Harper
Hilary Sutton
Geoff Dominey 518087

Further Information

Village Web Site

www.whitsbury.com

Village Facebook Page

Whitsbury Village Hall

Parish Council Village Directory

The Parish Council would like to ensure that all residents of Whitsbury are included on a Parish list. The prime reason for this directory is to collate all names and phone numbers (emails also if you wish) to make sure we can stay close as a community and help and protect any vulnerable members of our village. If you wish to be included on this list please provide your home telephone number and mobile if preferred (and you have a mobile signal), along with an email address if you wish. All details collected will be stored securely by the Parish Council to avoid any breaches of GDPR, and will be available via a member of the council. Please send your details to admin@whitsbury.com or call a Whitsbury Helper.

Rainbows

During the coronavirus pandemic, the rainbow has become a symbol of support for people wanting to show solidarity with NHS workers on the front line.

Please show your support for NHS Workers by displaying a rainbow artwork on your windows, doors and roads. A suggestion for the children during the holidays!

Getting Connected to Whatsapp groups, internet, web site etc

If you are having trouble connecting to Whatsapp groups, e-mails, the internet or connecting to web sites and would like some help or advice please call Steve Husher on 518372.

Additional Items

If you would like us to cover something specifically within the newsletter please get in touch and let us know. Also if you have other ideas that the Parish Council should engage in to further support the Whitsbury village community please contact us.

We can be contacted via e-mail at admin@whitsbury.com, or please contact one of the Whitsbury Helpers.

And Remember...

Stay Home - Protect the NHS - Save Lives
